



U GOT THIS

KIM ZAHLAWAY, LCSW, OWNER

SELF-DISCOVERY, EMPOWERMENT, PROBLEM SOLVING

Parenting Children & Teens with ADHD &/or Anxiety

THURSDAYS 10AM-11AM, OCT. 4TH & 18TH, NOV. 1ST & 15TH

WHO IT'S FOR:

Parents with children or teens diagnosed with ADHD and/or Anxiety who struggle with self-esteem, self-regulation, motivation, impulse control or emotion overload.

EXPECTED OUTCOMES:

Parents will learn what is happening to your child in the difficult moments, how to regulate yourself in order to best help your child, get support for letting go of pre-conceived parenting expectations and dialing into what you and your child needs, and learn how to utilize the strengths and interests of your child to foster confidence and resiliency.



Kim Zahlaway is a Licensed Clinical Social Worker with over 20 years post-graduate clinical experience. She specializes in working with children, adolescents, adults and families impacted by ADHD, Depression, Anxiety, Learning Disabilities,

Asperger's Syndrome, Relationship Issues, School Problems, and major Life Transitions. In addition to providing outpatient counseling services through her private practice, she has worked in public, private and collaborative educational settings as a clinician, consultant, supervisor and trainer.

LOCATION:

987 Old EagleSchool Rd,
#719, Wayne, PA 19087

Space is limited. For more information and to register, please contact Kim.

CONTACT:

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