

## Parents, Let's Talk Teens

## THURSDAYS 11:30-12:30, OCT. 4TH & 18TH, NOV. 1ST & 15TH

### WHO IT'S FOR:

For any parent or care-giver of teens looking for a better understanding of teen development and support navigating this wild ride!

#### **EXPECTED OUTCOMES:**

Surviving the white-knuckle, rocky road of the teen years may be more manageable than you think. Let's talk about our teens and what's happening to them during this wild phase of their development. Talking with other parents that are going through similar frustrations, fears, and stress can be a great way to get support. Whether you are looking for information on the teen brain, specific parenting tips and strategies, the comfort of knowing you are not alone in this journey, or all three, this group is for you!



Kim Zahlaway is a Licensed Clinical Social Worker with over 20 years post-graduate clinical experience. She specializes in working with children, adolescents, adults and families impacted by ADHD, Depression, Anxiety, Learning Disabilities,

Asperger's Syndrome, Relationship Issues, School Problems, and major Life Transitions. In addition to providing outpatient counseling services through her private practice, she has worked in public, private and collaborative educational settings as a clinician, consultant, supervisor and trainer.

# LOCATION:

987 Old EagleSchool Rd, #719, Wayne, PA 19087

Space is limited. For more information and to register, please contact Kim.

CONTACT:
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